



Physiotherapy Informed Consent for Assessment and Treatment

I, undersigned, do hereby give my voluntary consent for the administration of Physiotherapy deemed appropriate by my treating Physiotherapist. I understand that Physiotherapy treatments may include an individualized exercise prescription and various forms of manual therapy techniques such as mobilization, manipulation, soft tissue release and stretches. Treatments may also include modalities such as heat, ice, therapeutic taping, ultrasound, laser, TENS, interferential current, shock wave and electric muscular stimulation. Other treatment options include acupuncture/dry needling, that involve the insertion of single use, sterile, disposable needles through the skin, into the underlying muscles. I understand that the primary goals of Physiotherapy treatments are to help reduce my pain and improve my mobility, strength, endurance, function and quality of life. I understand that there are very small possibilities of risks or complications that may result from the above listed treatments. I do not expect the Physiotherapist to anticipate all the possible risks and complications. I wish to rely on the Physiotherapist to exercise proper judgment during the course of treatment to make decisions based upon my best interest.

Potential small but possible risk factors:

Manual therapy: Joint and/or muscle soreness

Exercise therapy: Joint and/or muscle soreness

Electrical modalities: Minor skin irritations such as redness or rash

Acupuncture/Dry Needling: Minor soreness, bleeding or bruising, nausea, fainting, infection, shock convulsions, possible perforation of internal organs, stuck or bend needles, and fetal distress in pregnant women.

I will immediately notify the Physiotherapist of any changes in my pregnancy or medical status. I will have the opportunity to discuss with my Physiotherapy the nature and purposes of all my treatments. I accept the fact that there is no guarantee of the effectiveness of the treatment. I am aware that I may withdraw this consent and discontinue treatment at anytime. I consent to the Physiotherapy treatments offered or recommended to me by my Physiotherapist(s). I intend this consent to apply to all my present and future Physiotherapy care

Date

Patient Name

Patient Signature

Cancellation Policy

We ask that you provide 24 hours notice of cancellation for any appointments.

We reserve the right to charge of \$25 for any appointment that are missed without notice.

Thank you for your agreement

Date : _____

Name: _____

Signature: _____

Witness: _____